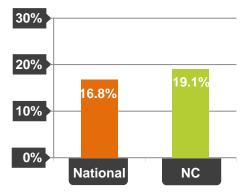




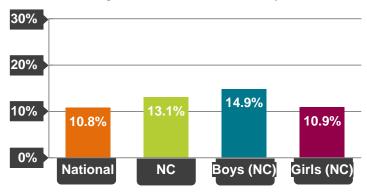
# TOBACCO IN NORTH CAROLINA

## **CIGARETTE USE\*1-2**

% of Adults Who Currently Smoke



% of High School Students who Currently Smoke



### OTHER TOBACCO PRODUCT USE

- The prevalence of smokeless tobacco use among adults in North Carolina was 4.3% in 2013. 5.6% of adult current cigarette smokers in North Carolina were also current smokeless tobacco users in 2013.<sup>3</sup>
- In 2015, 8.6% of high school students in North Carolina used chewing tobacco, snuff or dip on at least one day in the past 30 days. Nationally, 7.3% of high school students used smokeless tobacco on at least one day in the past 30 days.<sup>2</sup>
- In 2015, 29.6% of high school students in North Carolina used electronic vapor products on at least one day in the past 30 days. Nationally, 24.1% of high school students used electronic vapor products on at least one day in the past 30 days.<sup>2</sup>
- In 2015, 3.1% of high school students in North Carolina used flavored little cigars on at least one day in the past 30 days.<sup>4</sup>

## **ECONOMICS OF TOBACCO USE AND TOBACCO CONTROL**

- In FY2016, North Carolina allocated \$1.2 million in state funds to tobacco prevention, which is 1.2% of the Centers for Disease Control and Prevention's (CDC) Annual Spending Target.<sup>5</sup>
- North Carolina received an estimated \$413 million in tobacco settlement payments and taxes in FY2016.<sup>5</sup>
- The health care costs in North Carolina, directly caused by smoking, amount to \$3.81 billion annually.<sup>5</sup>

<sup>\*</sup> National and state-level prevalence numbers reflect the most recent data available. This may differ across state fact sheets.

North Carolina loses \$4.24 billion in productivity each year due to smoking.<sup>6</sup>

# STATE TOBACCO LAWS<sup>7-8</sup>

### **EXCISE TAX**

• The state tax increased to \$0.45 per pack of cigarettes in September 2009. All other tobacco products are taxed 12.8% of the sales price.

## **CLEAN INDOOR AIR ORDINANCES**

- Smoking is prohibited in public schools, restaurants, and bars (except cigar bars).
- Smoking restrictions are required in all government workplaces, long-term health care facilities, and childcare facilities.
- There are no smoking restrictions in private workplaces, retail stores and recreational facilities.

#### YOUTH ACCESS LAWS

- The minimum age requirement for the purchase of tobacco products is 18, and penalties exist for both minors and merchants who violate this law.
- Establishments are required to post signs stating that sales to minors are prohibited.
- The sale to minors of vapor products, including e-cigarettes, is prohibited.

#### **CESSATION STATISTICS AND BENEFITS**

- The CDC estimates that 51.4% of adult every day smokers in North Carolina tried to quit smoking for one or more days in 2014.9
- North Carolina's Medicaid program covers all seven recommended cessation medications as well as phone and individual counseling.<sup>8†</sup>
- The state's Medicaid program's barriers to coverage include required copayments.<sup>8</sup>
- North Carolina's state quitline invests \$0.85 per smoker; the national average investment per smoker is \$3.37.8
- North Carolina does not have a private insurance mandate provision for cessation.<sup>8</sup>

Fiore MC, et al. Treating Tobacco Use and Dependence: 2008 Update. Clinical Practice Guideline. Rockville, MD: US Department of Health and Human Services. Public Health Service: May 2008.

<sup>&</sup>lt;sup>†</sup> The seven recommended cessation medications are NRT Gum, NRT Patch, NRT Nasal Spray, NRT Inhaler, NRT Lozenge, Varenicline (Chantix), and Bupropion (Zyban).

### **REFERENCES**

<sup>&</sup>lt;sup>1</sup> CDC, Behavioral Risk Factor Surveillance System, 2014

CDC, Youth Risk Behavior Surveillance System, 2015
CDC, State-Specific Prevalence of Cigarette Smoking and Smokeless Tobacco Use Among Adults—MMWR, United States, 2011-2013

<sup>&</sup>lt;sup>4</sup> North Carolina Youth Tobacco Survey, 2015

<sup>&</sup>lt;sup>5</sup> Campaign for Tobacco-Free Kids, *Broken Promises to Our Children: a State-by-State Look at the 1998 State Tobacco Settlement 17 Years Later* FY2016, 2016

<sup>&</sup>lt;sup>6</sup> Campaign for Tobacco-Free Kids, State Tobacco Related Costs and Revenues, 2014

<sup>&</sup>lt;sup>7</sup> American Lung Association, SLATI State Reports, 2015

<sup>&</sup>lt;sup>8</sup> American Lung Association, State of Tobacco Control, 2016

<sup>&</sup>lt;sup>9</sup> CDC, Behavioral Risk Factor Surveillance System, State Tobacco Activities Tracking and Evaluation System, 2014